

Summer Menus - 2019

From Victoria Day (May 2019) through Thanksgiving (October 2019) we have a 3 week menu rotation

From Thanksgiving (October 2019) through Victoria Day (May 2020) we have a 4 week menu rotation



HALTON HILLS CHILD CARE CENTRE
Winter Menu #1 2018 - 2019



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Snack	Multi-Grain Cheerios Fresh Fruit Milk	Blueberry Waffles with Maple Syrup Fresh Fruit Milk	Yogurt with Homemade Granola Fresh Berries Milk	Whole Wheat Toast with Butter Mixed Berry Smoothie Milk	Homemade Porridge with Raisins Fresh Fruit Milk
Lunch	Finger Vegetable Tuna, Rice and Broccoli Casserole Mixed Vegetables Fresh Fruit Milk	Finger Vegetable Pizza Pasta Casserole Caesar Salad Fresh Fruit Milk	Finger Vegetable Potato & Carrot Soup Crackers Cheese Sandwich Ham Sandwich Fresh Fruit Milk	Finger Vegetable Whole Wheat Bun Turkey Chili Rice Fresh Fruit Milk	Veggie Tray Shepherd's Pie with Beef, Potatoes and Peas & Carrots Fresh Fruit Milk
Afternoon Snack	Humus with Mini Pitas Fresh Fruit Water	Turkey Roll-Ups Fresh Fruit Water	Zucchini Loaf Fresh Fruit Water	Cheese and Crackers Fresh Fruit Water	Trail Mix (cereals, dried fruit, goldfish crackers) Fresh Fruit Water

Revised January 22, 2019



Halton Hills Child Care Centre



Summer Menu #1 - 2019

Breakfast Snack	Multi-Grain Cheerios	Pancakes with Syrup	Raisin Toast with Butter	Vanilla Yogurt	Croissant with Jam
	Fresh Fruit Milk	Fresh Fruit Milk	Fresh Fruit Milk	Fresh Berries Milk	Fresh Fruit Milk
Lunch	Finger Vegetable	Finger Vegetable	Finger Vegetable	Finger Vegetable	Finger Vegetable
	Tuna & Broccoli Casserole (tuna, broccoli, rice & cream soup)	Pita Sandwich (turkey, cheese, lettuce & mayo)	Chicken Noodle Soup with Crackers	Sweet & Sour Meatballs Rice	Teriyaki Chicken on a Bun with Cheese
	Green Beans	Cucumber & Watermelon Salad (ranch dressing)	Ham Sandwich Cheese Sandwich	Mixed Vegetables	Spinach Salad (spinach, mandarin oranges, homemade dressing)
	Fresh Fruit Milk	Fresh Fruit Milk	Fresh Fruit Milk	Fresh Fruit Salad Milk	Fresh Fruit Milk
Afternoon Snack	Graham Crackers with Cream Cheese	Cheddar Cheese with Crackers	Mini Pitas with Humus	Turkey Sandwich	Party Mix (variety of cereals, goldfish crackers, and seasoning)
	Fresh Fruit Water	Fresh Fruit Water	Fresh Fruit Water	Fresh Fruit Water	Fresh Fruit Water

Revised April 16, 2019



Halton Hills Child Care Centre



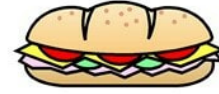
Summer Menu #2 - 2019

Breakfast Snack	Multi-Grain Cheerios	Blueberry Pancakes with Syrup	Cinnamon Toast	Vanilla Yogurt	Toasted Bagel with Cream Cheese
	Fresh Fruit Milk	Fresh Fruit Milk	Fresh Fruit Milk	Fresh Berries Milk	Fresh Fruit Milk
Lunch	Finger Vegetable	Finger Vegetable	Finger Vegetable	Finger Vegetable	Finger Vegetable
	Spaghetti and Meatballs	Wagon Wheel Pasta Salad (chicken, pasta, apples & mayo)	Alphabet Vegetable Soup with Crackers	Sloppy Joes on a Hamburger Bun	Dinner Roll
	Caesar Salad (romaine lettuce, croutons, dressing)	Corn Salad (corn, peppers, ranch dressing)	Tuna Sandwich Cheese Sandwich	Tossed Salad (iceberg lettuce, tomatoes, peppers, Italian dressing)	Chili (ground beef, beans, seasoning)
	Fresh Fruit Milk	Fresh Fruit Milk	Fresh Fruit Milk	Fresh Fruit Milk	Rice
Afternoon Snack	Spinach Dip with Pumpernickel Bread	Cheese Sandwich	Fruit Pizza with Ritz Crackers and Cream Cheese	Turkey Roll Up	Ice Cream on a Cone
	Fresh Fruit Water	Fresh Fruit Water	Fresh Fruit Water	Fresh Fruit Water	Milk
					Trail Mix (variety of cereals, goldfish crackers, raisins)
					Fresh Fruit Water

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Summer Menu #3 - 2019

Breakfast Snack	Multi-Grain Cheerios	Banana Pancakes with Syrup	Whole Wheat Toast with Apple Butter	Vanilla Yogurt	Toasted English Muffin with Jam
	Fresh Fruit Milk	Fresh Fruit Milk	Fresh Fruit Milk	Fresh Berries Milk	Fresh Fruit Milk
Lunch	Finger Vegetable	Finger Vegetable	Finger Vegetable	Finger Vegetable	Finger Vegetable
	Macaroni and Cheese	Beef Taco (beef, wrap, lettuce, tomato, cheese)	Minestrone Soup with Crackers	Ham & Cheese on a Bun	Chicken Pasta (chicken, rotini, tomato sauce, seasoning)
	Peas & Carrots	Mexican Rice (rice, peppers, tomato, seasoning)	Turkey Sandwich Cheese Sandwich	Tossed Salad (iceberg lettuce, tomatoes, peppers, Italian dressing)	Cole Slaw (cabbage, apples, carrots & mayo)
	Fresh Fruit Milk	Fresh Fruit Milk	Fresh Fruit Milk	Fresh Fruit Milk	Fresh Fruit Milk
Afternoon Snack	Ham Roll Up	Bagel with Cheddar Cheese	Nachos with Salsa	Veggie Platter with Dip and Crackers	Marble Cheese and Crackers
	Fresh Fruit Water	Fresh Fruit Water	Fresh Fruit Water	Fresh Fruit Water	Fresh Fruit Water

Revised April 16, 2019